York Vikings Junior Basketball U15s/U16s Player-Parent-Coach Contract

Player's Commitment:

- 1. I understand the importance of training with my team, and I will aim to attend every practice and arrive on time. If I am ill, injured or I am unable to attend for any reason, I will communicate directly to the coach the nature of the problem and will indicate when I will be returning to training. I will not attend training when I am ill as this may affect other players as well as my own recovery. I will aim to stay healthy by eating well and getting enough sleep.
- 2. My family and my academic work are priorities, and I understand that if I manage my time effectively I can meet my commitments to my family, my school and the club. I know there are people I can talk to if I need help with this.
- 3. I understand that if I do not meet my commitments I may be suspended from practice, matches and club social events.
- 4. I will not be party to inappropriate behaviour in school, at home, in training, in the court or on the street. My behaviour tells people a lot about me, and I owe it to myself, my parents/guardians, coaches and club to behave appropriately wherever I go.
- 5. I will not smoke, abuse alcohol or use drugs.
- 6. I will respect the facilities, equipment and vehicles that we use on a weekly basis, including those facilities and equipment used by our opposition.
- 7. I will make sure that I wear the appropriate training kit when attending all practices.
- 8. I will remain disciplined, committed and focussed on the Academy's goals. In practice I will give my all and make a positive contribution to every session.
- 9. I will do my best to contribute willingly to everyday family life. I recognise that my parents/guardians give their time to support me in my basketball activities.
- 10. I will aim to attend all club social functions and get to know my team mates by sharing experiences. I understand that this will improve the strength of our programme considerably.
- 11.I will make a commitment to learn any tactical or technical components of our practice including offensive systems, defensive sets and inbound plays. This will help me to become an integral part of a successful team.
- 12.I understand that as a team player my minutes are dictated by my productivity on court. I will earn my minutes and I will compete with my team mates on a weekly basis for those minutes. I understand that we should strive to push one another in practice, as this is part of developing a strong work ethic and a winning team.
- 13. In the event that I am not selected to play I will support the coach's decision and the players who have been selected and strive to win a place for the following game.
- 14.I understand that by competing in other sports I may cause myself harm. I will not exclude other sports but will carefully consider the possible consequences of my participation, especially in high impact sports.

| 15.I have read and understood the England Basketball Code of Ethics and Conduct ("Code") and as such agree to fully recognise and adhere to the principles and responsibilities embodied in the Code. |
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| Player's name: |
| Player's signature: |
| Parent's/Guardian's Commitment: |
| We recognise that these demands are high and will support you in your commitment to them. We will aim to get you to all training sessions and matches. You are an exceptional young player who is gifted and talented, so our expectations are high. You will be competing against the best in the country throughout a long season, and it will be physically, mentally and emotionally demanding. |
| We will support you by ensuring that you eat well, sleep well and study hard to be able to meet your academic requirements. We will provide family support to help you to fulfil your aspirations and chase your dreams. |
| I will honour the payment contract agreed between me and the club. I know that support with applications for assistance with membership fees is available from the Club. The person to contact is the Chairman, Jeremy Hall, on 01609 777961. |
| I have read and understood the England Basketball Code of Ethics and Conduct ("Code") and as such agree to fully recognise and adhere to the principles and responsibilities embodied in the Code. |
| Parent's/guardian's name: |
| Parent's/guardian's signature: |
| Coach's Commitment: |
| I will strive to provide the best environment for you as a player to learn, develop and ultimately excel. I will endeavour to prepare you for the level of competition you will be undertaking and provide you with sound advice on how you can develop physically, mentally and emotionally. I will not make winning a priority over your health or safety, your academic success or your family commitments. |
| I have read and understood the England Basketball Code of Ethics and Conduct ("Code") and as such agree to fully recognise and adhere to the principles and responsibilities embodied in the Code. |
| Coach's name: |
| Coach's signature:Date: |

You can excel in England Basketball's Junior National League Programme.